

CROQUET NSW NEWSLETTER

BUMPER ISSUE!

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save the



IT'S TIME TO
CELEBRATE

FRIDAY 4/12/2020

CNSW CHRISTMAS GALA

DAY

CNSW HEADQUARTERS

TEMPE.

Dear All,

Lots of creativity has emerged over the lockdown period in croquet.

Hat's off to Croquet WA who reopened their season with the COVID CUP!

Above are the cheeky COVID Trophies! Some nasty little bugs and a whole load of toilet paper for prizes.

I think we all agree when the going gets tough, croquet players can always look on the bright side of life.

We've been busy rescheduling events, developing a roadshow of workshops and the basis of Croquet Academies state wide, so stay tuned for announcements.

Don't forget to send through your club stories and events, we love to put them into the newsletter.

*Cheers for now!
Kate Elliott Chair CNSW*

OFFICE OF SPORT COVID-19 UPDATE



NSW Government COVID-19 Response



Wearing a face mask is strongly recommended in the following high-risk public situations:



Indoor settings where physical distancing is hard to maintain including on **public transport** and in **supermarkets**



Any areas where **community transmission** has occurred



Attending **places of worship**



Staff members at indoor settings with a **higher risk of transmission**, including hospitality and customer facing venues (**cafés, restaurants, pubs and clubs**)

Visit nsw.gov.au/covid-19

COVID CHANGES

WHAT THEY MEAN FOR CROQUET IN NSW

What we have learned over the last 6 months is the easiest and most effective way to stay COVID safe is to do exactly what the Health Orders request and not try to interpret or manipulate the rules because it suits our purposes.

Right now at croquet in NSW we are going back into a period of restricted travel which means CNSW Events will be modified to adapt so different areas across the state can still enjoy their play without the risk of travel.

We know our players are safety conscious and that if even one case of transmission happens at our clubs CNSW would need to seriously consider closing down all play. Croquet players often believe themselves to be bullet proof, but everyone must work from the position that its not only about yourself but about fellow players.

All Clubs must:

- **Have a COVID SAFE PLAN** that is displayed and readily available.
- **Must register as COVID SAFE**
- **Must observe all Health Orders and government directives.**

Where official recommendations are made such as not to travel or to wear masks, CNSW strongly advises players to inform themselves and act accordingly.

No CNSW player will be disadvantaged in any way for their decision to participate or not participate, except where CNSW or the NSW Government expressly forbid participation.

All clubs should be aware that rules and legislation will be enforced by Police and the fines are heavy.

Visit: nsw.gov.au/covid-19

QUICK CONTACTS

**EMAIL IS USUALLY THE BEST POINT OF
CONTACT!**

Chair CNSW- chair@croquet-nsw.org

Secretary- secretary@croquet-nsw.org

Treasurer- treasurer@croquet-nsw.org

Tournaments- tournaments@croquet-nsw.org

GC Selectors- peterliz@hotmail.com

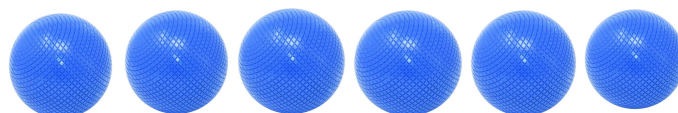
AC Selectors- robertelliottcon@bigpond.com

Gateball- jtier@netspeed.com.au

Ricochet- tommythompson@bigpond.com

Newsletter- secretary@croquet-nsw.org

Website- website@croquet-nsw.org



BOARD HAPPENINGS

The Constitution

An extraordinary amount of work and effort has been provided by Michael Strickland and Ted Griffin to produce a new CNSW Constitution. The result reflects the thoughtful and thorough consideration that has been given to clubs and members concerns last year, when the project was first embarked upon.

This week, clubs will receive the newly formatted Constitution and an explanatory document that addresses the required updates as well as presenting easier to read language and layout. The various required cross references are now aligned.

The Constitution is now compliant in terms of our legal obligations but moreover reflects who we are as an organisation.

The Board would like to thank Michael and Ted for their amazing commitment and many months of work to produce the Constitution to now go out to Clubs for consideration. We look forward to feedback in the coming weeks.

Event Changes re COVID

The Tournament Committee are adapting to the changes in Health Orders as they happen. The objective is to facilitate conditions that enable players who want to play State events and other major Events safely. That may mean some events get split and played in 2 or 3 different places to ensure less travel, it may also mean modified draws and different formats. The TC is working hard to ensure you have meaningful events to play in, at the same time staying safe! tournaments@croquet-nsw.org



AGM

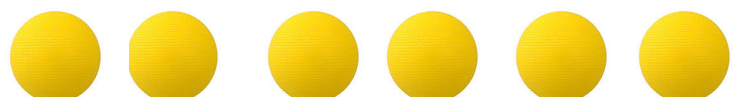
19TH OF SEPTEMBER 2020

Subject to COVID restrictions the Board will have an appropriately safe venue confirmed on the first of September.

The meeting will also go ahead via Zoom to all clubs or at agreed venues in regions. This means as many club members as possible should be able to attend.

Stay tuned for updates in relation to venues.

**Ballina Cherry St members observing social distancing and still having some great games of GC.
Thanks for your thoughtfulness
Ballina!**



ASK THE COACH



Question 1

In GC I don't seem to be able to clear balls as far as other people, but I still win some games and don't have to walk so far. I notice the top players clear balls a long way. Will I need to do this to become a better player?

You can concentrate on improving both skills, firstly concentrate on being accurate - accurate that you are hitting a large part of the ball you aim at, this way you will still move oppositions ball and at the same time keep your ball handy to the hoop. But it is also important to develop some power in a clearance shot, for the time when it's important to hit them away far as possible and not worry about where your strikers ball mens up- as long as they have a long clearance back, this usually is when you have nicely placed ball to run the hoop as reward when they miss from 20+ yards. Developing power can sometimes be the tough change up to address, it takes a bit of practice, and yes you will miss a few, the swing may not be as consistent as your smooth shot. However getting past the thoughts of staying with softer accurate shots will sometimes be needed to get to the next level if you have a strong goal and ambition for improvement. Watch over players that seem to hit it quite hard, look for player that uses a similar grip to your own and see if you can get some ideas or advice from them to introduce into your technique.

Question 2.

I keep breaking down on 4 ball breaks after about 5 hoops? its all in control and then I find I have to do a big roll and my break gets loose and scrappy in matter of a few hoops.

Where am I going wrong?

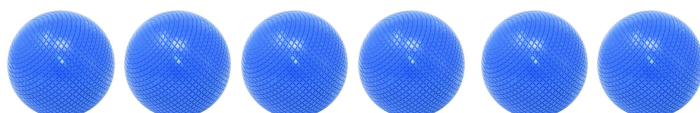
This sounds like a concentration issue, but don't worry you are one to ask the question. We sometimes use a lot of concentration early and are really focused not to break down and hand over the balls to the opposition and it can be quite natural for player to relax slightly when everything looks under control and have satisfied feeling that you got the break under way. However this is the danger sign we want to recognise, and build up some self discipline skills to get you through the break in stages.

- Development of the break
- Continuing it with control and concentration
- Finishing the break still in full control with a good leave that may have you back o the lawn very soon. There is also a time aspect that may be worth recognising, establishing a break and about 4-5hoops in, you have had an intense 15-20 minutes of focused concentration, and it is easy to let something slip, but understanding why it happens will help you work techniques to relax for moment before you play that easy shot then get back into the concentration required to keep going.

Question 3

Are there any videos on roquet technique?

YouTube, YouTube, YouTube - there is wealth of videos being produced, many by players that load them up for other players to access. Look for Edward Wilson's, Paddy Chapman's and Chris Clarke's for good example of nice instructional technique to study. And they all just happen to be some of the very best players in our game.



DUBBO CROQUET CLUB

AUSTRALIAN FIRST



Synthetic grass specialist Bruce Warwick works on the croquet court.

Former Dubbo local Bruce Warwick never thought his Queensland synthetic turf business that he started with former Australian cricket captain Allan Border would bring him home.

"I never expected I would be here creating history for croquet," he said.

"I travel all over the states, consulting with sporting and recreation clubs and putting down a wide variety of surfaces but this is a first."

He said the club had been determined for some years to get a grant for the project.

"The club approached me a few years ago and said they were applying for a grant to transform the complex, so I gave them some indicative figures but each year the news was the same: 'not successful'," he said.

"Then out of the blue, the club phoned and told me the money had been approved and that kickstarted the process."

Mr Warwick said the synthetic grass industry was quite competitive.

"I've tried to move towards the fields where others don't, the challenge was to make it [the surface] pliable enough so the balls could hit and grip but still maintain their roll," he said.

"We started to experiment with other materials and came up with this one, which is held down by tonnes of sand mixed with finely ground glass.

"We've found this allows a consistent ball speed and won't compact into the hard surface of a tennis court."



Some Golf Croquet Jargon

BLOB-ACCIDENTLY FAILING TO SCORE A HOOP WITH THE BALL REMAINING IN THE JAWS.

BLOCK- TO POSITION A BALL TO OBSTRUCT THE PATH OF AN OPPONENT'S BALL.

CANNON-TO DEFLECT ONE BALL OFF ANOTHER WITH THE OBJECTIVE OF MOVING A THIRD BALL AND/OR SCORING A HOOP.

CUT RUSH-TO RUSH ANOTHER BALL AT AN ANGLE. THE RESTING PLACE OF EITHER BALL OR BOTH MAY BE THE OBJECT OF SUCH A STROKE.

DAM BUSTER OR DOUBLE BOUNCE SHOT- A JUMP SHOT OVER A LONG DISTANCE REQUIRING TWO BOUNCES OF THE BALL.

DEAD GROUND-DESCRIBES THE AREA OF THE COURT WITHIN WHICH ONE BALL IS WIRED FROM ANOTHER.

DOLLY RUSH- A RUSH FROM A VERY SHORT DISTANCE AWAY FROM THE TARGET BALL.

GO FOR OR TAKE POSITION- TO POSITION STRIKER'S BALL IN A POSITION OF TACTICAL ADVANTAGE, USUALLY THREATENING THE HOOP.

FIDDLE FADDLE-PLAYING A TACTICAL SEQUENCE OF STROKES AT HOOP 12 TO STYMIE OPPONENTS FIRST SHOT AT HOOP 13.

HAMPERED- A SHOT WHERE THE STRIKER'S NORMAL STANCE AND/OR SWING IS HINDERED BY A HOOP, THE PEG OR ANOTHER BALL.

CLEAR-HIT AWAY OR CLEAR-TO REMOVE AN OPPONENT'S BALL FROM A POSITION OF TACTICAL ADVANTAGE.

IN-OFF -SCORING A HOOP OFF ANOTHER BALL.

JAWS-THE AREA BETWEEN THE UPRIGHTS OF A HOOP. USED AS A VERB TO INDICATE THE DELIBERATE PLACEMENT OF A BALL WITHIN THE JAWS.

JUMP SHOT- A SHOT WHERE THE BALL IS HIT HARD INTO THE GROUND, CAUSING IT TO JUMP UP AND OVER ANOTHER BALL OR EVEN THE HOOP.

NESTLE OR CUDDLE- SYNONYMOUS WITH "TO JAWS" BUT ALSO USED TO DESCRIBE PLACING A BALL CLOSE TO AN OPPONENT'S TO MAKE IT DIFFICULT TO PLAY WITHOUT FAULTING

OFFSIDE- DESCRIBES BALLS WHICH WHEN A HOOP IS SCORED, ARE RESTING BEYOND THE HALFWAY LINE BETWEEN THE HOOP SCORED AND THE NEXT HOOP IN ORDER.

PEEL-SCORING A POINT FOR A BALL OTHER THAN THE STRIKER'S BY PUTTING IT THROUGH THE NEXT HOOP IN ORDER.

PROMOTE-TO CAUSE PARTNER BALL TO MOVE TO AN ADVANTAGEOUS POSITION FOR ITS NEXT TURN.

RUSH-TO CAUSE TO MOVE ANOTHER BALL TO A POSITION OF TACTICAL ADVANTAGE.

STUN SHOT-TO HIT AWAY ANOTHER BALL FROM A VERY SHORT DISTANCE WITH THE OBJECTIVE OF STRIKER'S BALL STOPPING CLOSE TO THE STARTING POINT OF THE TARGET BALL.

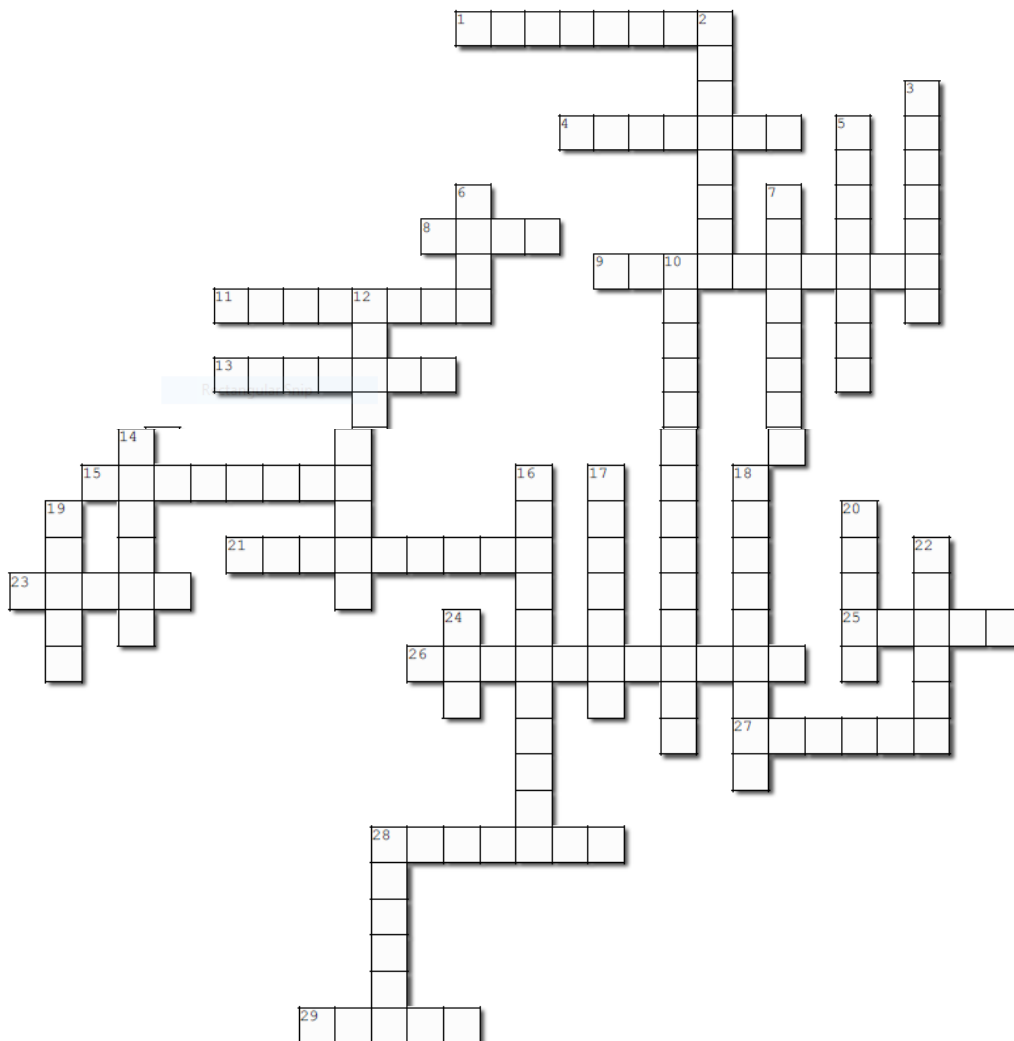
THE THING- STRATEGIC SEQUENCE OF SHOTS AT HOOP 6, THAT PROMOTES JAWSED PARTNER THROUGH THE HOOP WHILE GAINING A RUNNING POSITION AT HOOP 7.

WIRED-A POSITION WHERE A BALL IS PREVENTED BY THE HOOPS OR THE PEG FROM HITTING OR BEING HIT BY ANOTHER BALL.

CROQUET CROSSWORD

Name: _____
Date: _____

Complete the crossword puzzle below

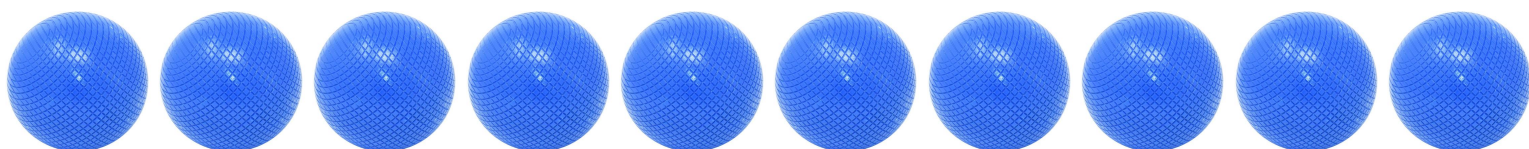


Across

1. Aus mallet sport , Association, Gold and?
4. Smoking hot Current GC world champion
8. Swinging croquet shots
9. World Croquet
11. Barlow , Dawson and?
13. Fun Game
15. Sandwiches
21. GC roquet
23. All over red
25. Ranked 5 AC
26. QLD Point Lookout Croquet Club
27. Part of the tertiary family
28. Australian sidestyler
29. NSW player winner of Queensland open 2015, a sweet victory

Down

2. QLD player with a mallet and a fiddle
3. Canadian #1
5. UK mallet maker
6. Australian director of GC
7. Leave
10. Biggest AC cash prizemony event
12. SA HQ
14. NZ to Mosman to Williamstown to a World champion in Bath
16. Thirtyfive by
17. ----- Grip
18. TAS past Mac player
19. Run hoop, clear or?
20. NZ GC captain
22. NSW laws guru
24. WA player 'I'll be ... ?
28. Australia's grand Poobah,





R U OK?DAY - THURSDAY 10 SEPTEMBER

'THERE'S MORE TO SAY AFTER R U OK?'

2020 has been a challenging year for everyone and circumstances have made it even more important for us all to stay connected and, for those who are able, be willing to support those around us. In the lead-up to R U OK?Day we'll help Australians know what to say when someone says they're not OK and guide them through how they can continue a conversation that could change a life.

You don't have to be an expert to keep the conversation going when someone says they're not OK. By knowing what to say you can help someone feel supported and access appropriate help long before they're in crisis, which can make a really positive difference to their life.