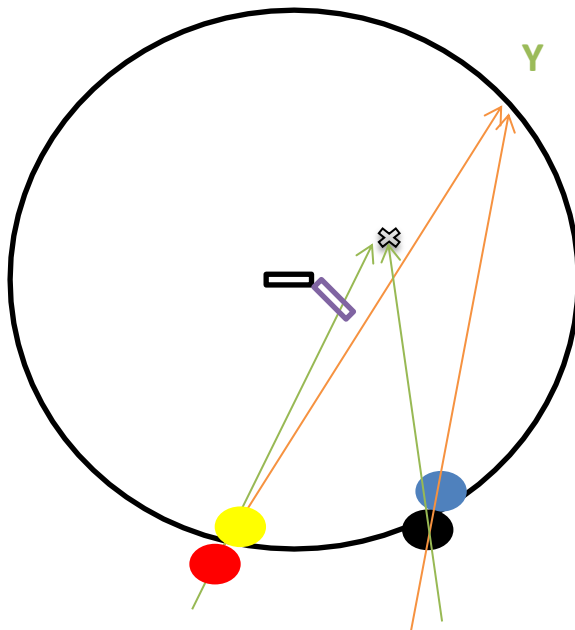


## PHANTOM HOOP APPROACH

The Phantom Hoop Approach is the same as the Circle Hoop Approach except that it uses a phantom hoop set at  $45^\circ$  to the actual hoop. This is especially useful when at even numbered hoops when you want to set up for a rush to the next hoop. If you have trouble visualising the phantom hoop stand your mallet at  $45^\circ$  to the hoop when setting the balls.



**Y** - directly behind hoop equal distance from yellow or blue ball. This is the line of centres (LOC)

**X** -  $1/3$  of distance from hoop to point Y. This is the stalking and aiming point for line of swing (LOS)

Practice from different distances and positions around the imaginary circle around the hoop.